



If you are a senior or someone caring for one, these programs may benefit you...

Case Management Services (CMS)

This is where interested persons can go to apply for Adult Day Care, Elderly Nutrition Program (Homebound), In-Home Services, and National Family Caregiver Support Program.

A Social Worker or Caseworker meets with clients and their families to identify each client's needs and to assist the client and family in obtaining services in the community.

Adult Day Care (ADC)

This program provides supervision and care for seniors who cannot be left alone due to being frail and/or physically or mentally impaired, with services provided in a social setting.

Families/caregivers are provided with respite services which help families/caregivers to continue working and allows the senior to continue living at home instead of being admitted to a nursing home or other facility.

Elderly Nutrition Program (ENP)

Congregate and Home-Delivered Meals

Participants in the Senior Center Operations Program, Adult Day Care Program and eligible seniors who are not able to leave their homes due to physical or mental impairment are provided with one hot nutritious meal from Monday to Friday that meets one-third of the Recommended Dietary Allowance (RDA) for adults.

In-Home Services (IHS)

IHS staff help frail individuals with light housekeeping chores and personal care which may be difficult to do on their own due to physical and/or mental limitations, allowing the person to continue to stay at home.

This program also provides support services for caretakers who are caring for frail elderly at home.

National Family Caregiver Support Program (NFCSP)

Through this program caregivers are able to obtain information and help with applying for available services in the community.

NFCSP also provides individuals counseling, the opportunity to participate in support groups and training to assist caregivers in managing the challenges that they face in caring for a loved one.

Caregivers are also able to apply for supplemental services, such as adult undergarments, gloves and wipes, on a limited basis, to compliment the care they provide.

Senior Center Operations (SCO)

There are Senior Citizen Centers throughout the island that serve as community focal points on aging where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the center and the community.

Transportation Services (TS)

Provides transportation for seniors to various activities such as senior citizen centers, doctor appointments, dialysis treatment, and shopping.

Appointments need to be scheduled one week prior to the transport date. Services are based on priority.

Legal Assistance Services (LAS)

Provides legal counseling and/or representation for older persons at little or no cost for legal matters such as wills, powers-of-attorney, and guardianships.

Adult Protective Services (APS)

Investigates all referrals of abuse and/or neglect and provides advocacy, outreach, education and protection of seniors (60 years and older) and adults with a disability (18 years and older) who are victims of abuse, neglect or exploitation.

Guma Serenidad

Provides a safe temporary shelter with supervision and care for seniors (60 years and older) and adults with a disability (18 years and older) who are victims of abuse, neglect or exploitation; 24-hour Crisis Intervention Hotline services and conducts investigations on abuse, neglect or exploitation of seniors and adults with a disability during evenings, weekends and holidays.

Ombudsman Service (OS)

Meets with residents and family members to help address and resolve concerns for the protection of the residents' health, safety, welfare and rights in a long-term care facility.

Guam Medicare Assistance Program (Guam MAP)

Provides Medicare information and assistance through individual counseling and educational presentations on coverage, bills and appeals.

Senior Medicare Patrol Project (SMP)

Provides education and awareness on recognizing and reporting Medicare/Medicaid waste, fraud, abuse and error.

4 R'S for Fighting Medicare Fraud

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