



Guam Tobacco Prevention and Control Program

The Guam Tobacco Prevention and Control Program (TPCP) is a federally –funded program that works to:

- * **Prevent** initiation of tobacco use among youth and young adults
- * **Promote** tobacco use cessation among adults and youth
- * **Eliminate** exposure to second hand smoke
- * **Identify and eliminate** tobacco related disparities

This program is funded through a Cooperative Agreement grant from the U.S. Centers for Disease Control and Prevention, to the Department of Public Health and Social Services.

Why is this program needed?

Guam continues to have the highest adult and youth cigarette smoking and e-cigarette use rates in the United States and territories, In 2017, 1 in 4 adults and about 1 in 10 high school students smoke cigarettes, and 1 in 4 high school and over 1 in 5 middle school students vape (Source: 2017 BRFSS & YRBS). Tobacco use is the single largest preventable cause of death on Guam. Of the top 10 leading causes of death on Guam, 6 can be directly related to tobacco use: heart disease, cancer, stroke, chronic lower respiratory disease, diabetes mellitus and hypertensive diseases. (Source: Guam 2015 OVS [adjusted]).

What services do we provide?

- * Tobacco-Free Guam Quitline, 1-800-QUIT-NOW (1-800-784-8669) (www.quitnow.net/guam)
- * Brief Tobacco Intervention (BTI) Skills Certification Training
- * Educational presentations and community outreach on the harmful effects of tobacco use

What is the Tobacco-Free Guam Quitline?

The Tobacco-Free Guam Quitline provides counseling and educational materials at NO-COST, for callers ready to quit.

The Quitline also provides a free trial supply of Nicotine Replacement Therapy (NRTs), such as nicotine patches or gum, upon availability of funding, for eligible callers.

The Quitline operates 24-hours a day, 7 days a week.

Mission of the Bureau of Community Health Services

To improve the health and quality of life in our community by eliminating health disparities; increasing access to health care; early disease detection; disease prevention and control; and promoting healthy lifestyles through policy development, implementation, surveillance and intervention; and providing social services in collaboration with community partners and stakeholders.

For more information, Contact: Tobacco Prevention and Control Program

e: elizabeth.guerrero@dphss.guam.gov

t: 671.735.0671/0673 | f: 734-7626 or 735-7500



LiveHealthyGuam

When you are ready to quit, we can help.

CALL 1-800-QUIT NOW

or visit www.quitnow.net/guam

All calls are strictly confidential.

Contact the Department of Public Health and Social Services
at 735-7334/7303 for further information.

TOBACCO FREE

FREE CALL... FREE SERVICE ... FREEDOM FROM TOBACCO