

GUAM NON-COMMUNICABLE DISEASE (NCD) DASHBOARD

"Working towards a non-communicable disease-free Guam by empowering the community to be healthy and active."

NCD Risk Factors

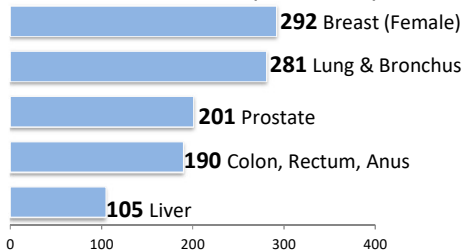
YOUTH					ADULTS				
Measurement	Baseline	Current	Change	Target	Measurement	Baseline	Current	Change	Target
Definition	2011	2015	Base to Current	NCD Plan	Definition	2011	2015	Base to Current	NCD Plan
Current Smoking Smoked on at least 1 day within the past 30 days	21.9%	17.6%	●	18.0%	Current Smoking Smoked on at least 1 day within the past 30 days	30.5%	27.4%	●	25.0%
Current Smokeless Tobacco Use Used chewing tobacco, snuff, or dip at least 1 day within the past 30 days	14.0%	17.3%	●		Current Smokeless Tobacco Use Used chewing tobacco, snuff, or dip at least 1 day within the past 30 days	8.5% (2013)	7.7%	●	
Current Drinking Drank at least 1 day during 30 days before the survey	24.7%	25.3%	●	22.2%	Current Drinking Had at least one drink of alcohol within the past 30 days	41.8%	43.5%	●	37.6%
Binge Drinking Drank at least 5 drinks of alcohol in a row within the past 30 days	13.6%	13.3%	●	12.2%	Binge Drinking Males having 5 or more drinks/Females having 4 or more drinks on one occasion	18.3%	21.2%	●	17.4%
Daily Physical Activity Physically active at least 60 minutes per day on all 7 days	21.8%	23.5%	●	31.8%	Physical Activity Participated in 150 minutes or more of Aerobic Physical Activity per week	44.8%	48.9%	●	56.0%
Obesity Based on percentile for Body Mass Index (BMI)	15.4%	20.4%	●	10.4%	Obesity Based on Body Mass Index (BMI)	27.4%	31.6%	●	22.4%
Weekly Physical Activity Active at least 60 minutes per day on 5 or more days	37.4%	38.8%	●	47.4%	Fruit Consumption Consumption of one or more servings of fruit per day	57.1% (2013)	56.4%	●	
Current Electronic Vapor Product Use Used e-cigarette, e-cigar, e-pipe, vape pipe, vaping pen, e-hookah, or hookah pen within the past 30 days	†	32.2%			Vegetable Consumption Consumption of one or more servings of vegetables per day	69.9% (2013)	73.2%	●	

Source: Youth Behavioral Risk Surveillance System (YRBSS) [Self-Reported Measurement]

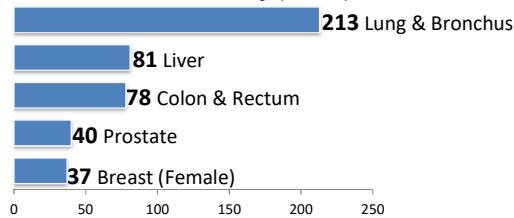
Source: Behavioral Risk Factor Surveillance System (BRFSS) [Self-Reported Measurement]

Top 5 Cancer Cases and Deaths, 2008-2012

Incidence (New Cases)

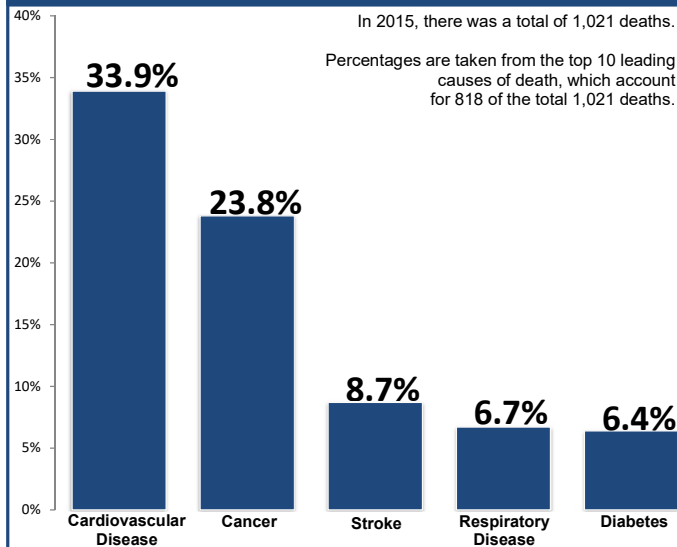


Mortality (Death)



Source: Guam Cancer Registry, September 2014

2015 Leading Causes of Death



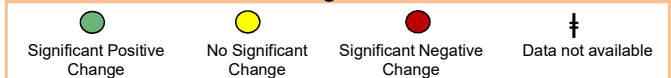
Source: DPHSS Office of Vital Statistics, GovGuam

Adult NCD Diagnoses

Ever diagnosed with...	Baseline (2011)	Current (2015)	Change
Diabetes	9.9%	12.0%	●
Skin Cancer	1.0%	1.3%	●
Other Types of Cancer	1.8%	3.1%	●
Stroke	3.2%	2.6%	●
High Cholesterol	33.1%	38.0%	●
Hypertension	20.8%	29.6%	●

Source: Behavioral Risk Factor Surveillance System (BRFSS)

Legend



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For further information, contact: BRFSS Program, Bureau of Community Health Services, DPHSS at 735-7289



Leading Cau:

