TIAN SHAN THERAPEUTIC MASSAGE

Add: RM 201-A ORLEAN PACIFIC PLAZA TAMUNING  
  
Tel: (671)646-8605  
  
This is our shop plan when we reopen:  
  
  
GUEST  
•       Temperature check all guests at entrance (either building entrance or spa entrance). 100F+ no entry  
•       Implement client screening questionnaire.  
•       Guest with cold or flu-like symptoms on the day and time of the treatment, no entry •    Capacity limits may be required initially.  
1.      Treatment room: Limit one guest per room. No room to be shared  
2.      Common area: No more than 10 people at one time in the establishment or a maximum of 50% occupancy  
•       Guest must wear masks in common area such as lobby, waiting room and relaxation room.  
Guest may remove masks while in treatment room  
•       Adjust appointment times for enhanced cleaning between guests, at least 30 minutes  
•       Only guests with confirmed appointment are allowed to enter the establishment  
•       Provide service by appointment only (no walk-ins allowed)  
   
   
EMPLOYEE  
•       Ensure proper mask use and sanitation technique training available to all employees  
•       Temperature check all employees on arrival. 100F+ send home  
•       Employee with cold or flu-like symptoms are not allowed to work  
•       All employees are required to weak masks at all times  
•       Change any protective garments on a regular basis and sanitize reusable garments such as aprons or smocks at least once per day.  
   
   
CHECK-IN/CASHIER  
•       Sanitize hands between each transaction  
•       Ensure 6 ft distance between parties  
•       Post signage to emphasize social distancing  
•       Thoroughly clean/ disinfect reception desk after each use  
•       Sanitize pen after each use  
•       Menus to be single use or disinfected between each use  
•       Receptionist/Cashier to wear disposable gloves as much as possible  
•       Provide contactless payment options as much as possible  
   
   
TREATMENT  
•       Sanitize hands between each treatment  
•       Products such as oils, lotions and creams should be removed from the treatment room and the bottles sanitized after each use  
•       Products should be kept in closed container  
•       Sanitize massage table and re-useable guest contact item after each use  
•       Sanitize entrance and treatment room doorknobs after each guest •        Technician are recommended to wear latex-free disposable gloves  
•       Facial treatment is not recommended until PCOR 4 is declared by The Governor Page 1 of 2  
   
Therapeutic Massage / Spa – Reopen Protocol (Plan)  
   
   
LINEN/LAUNDRY  
•       Change guest linen such as bed sheets, bath towel and hand towel after each use  
•       Laundry should be stored in covered, sanitized containers that are clearly delineated clean versus soiled  
•       Disposable gloves should be worn when handling soiled laundry  
•       Use appropriate temperatures for washers and dryers to ensure thorough sanitization of linens if laundry is performed in house  
   
   
FACILITY/EQUIMPENT  
•       Remove unnecessary decorations and items that cannot be sanitized  
•       Hand sanitizer inside entrance, preferably touchless  
•       Rubbing Alcohol or Antiseptic solution inside each treatment room  
•       Massage table accessories such as pillows, cushions and bolsters used during services should be disposable or covered with a material that can be sanitized  
•       Automatic doors or host/dedicated staff to assist in opening doors as much as possible  
   
   
RESTROOMS  
•       Clean and disinfect ALL restroom surfaces including floors, sinks and toilet bowls  
•       Store paper products in a closed cabinet  
•       Place trash can near to the door or within reach of the door  
•       Remove anything that does not have to be in the restrooms  
•       Restroom must be supplied with liquid soap and paper towels. No cloth towels  
•       Post handwashing signs in the restrooms  
   
   
COMMON AREA (LOBBY, WATING ROOM, RELAXATION ROOM)  
•       Ensure 6 ft distance between parties  
•       Post signage to emphasize social distancing  
•       Thoroughly clean/ disinfect high touch surfaces such as table and sofa regularly  
•       Remove all books, magazines, or any shared material for guests  
•       Remove public water or coffee stations, candy dishes, product samples, etc