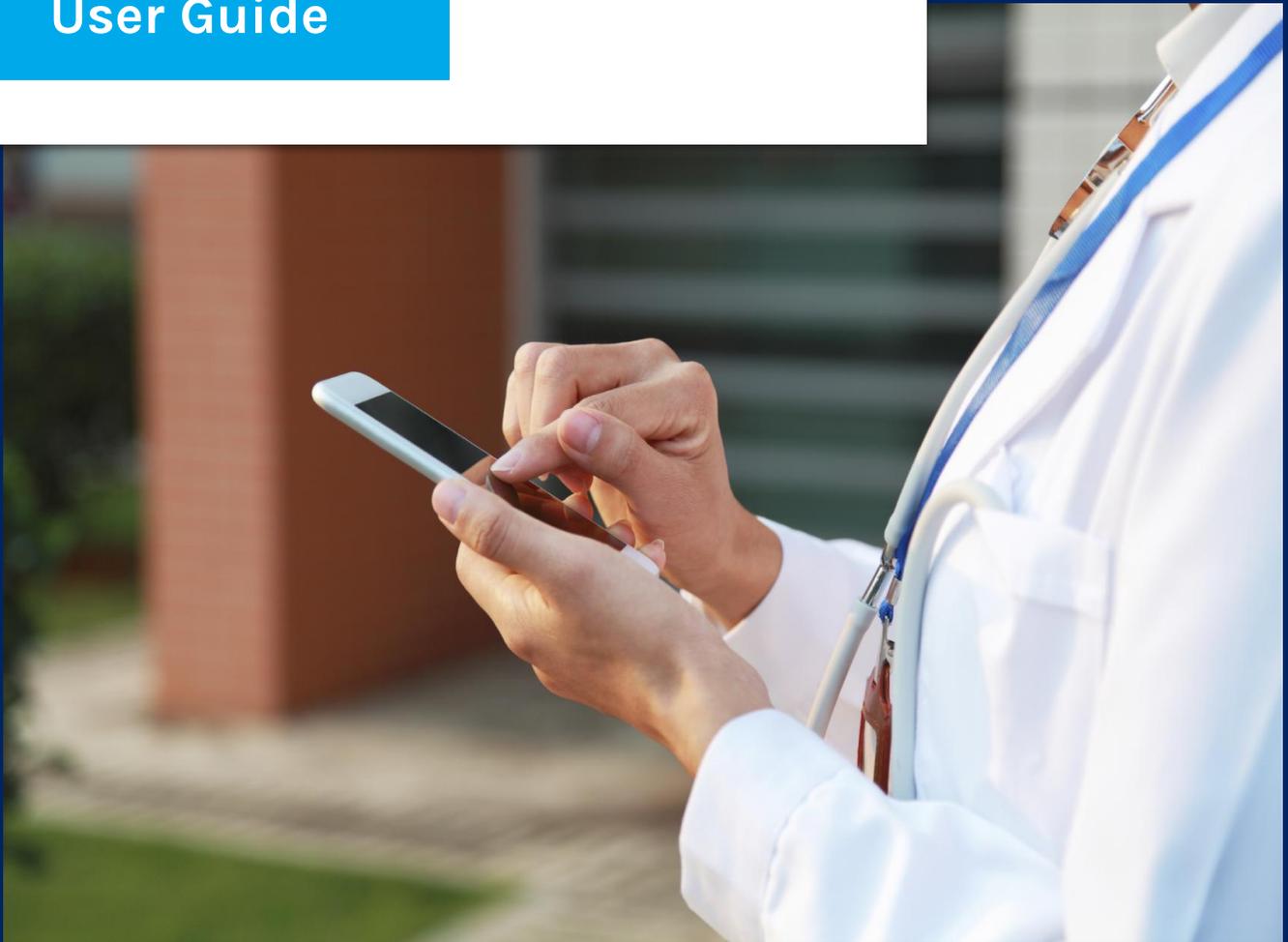


emocha Health[®]



Department of Public Health and Social Services
Symptoms Monitoring Service for COVID-19

User Guide

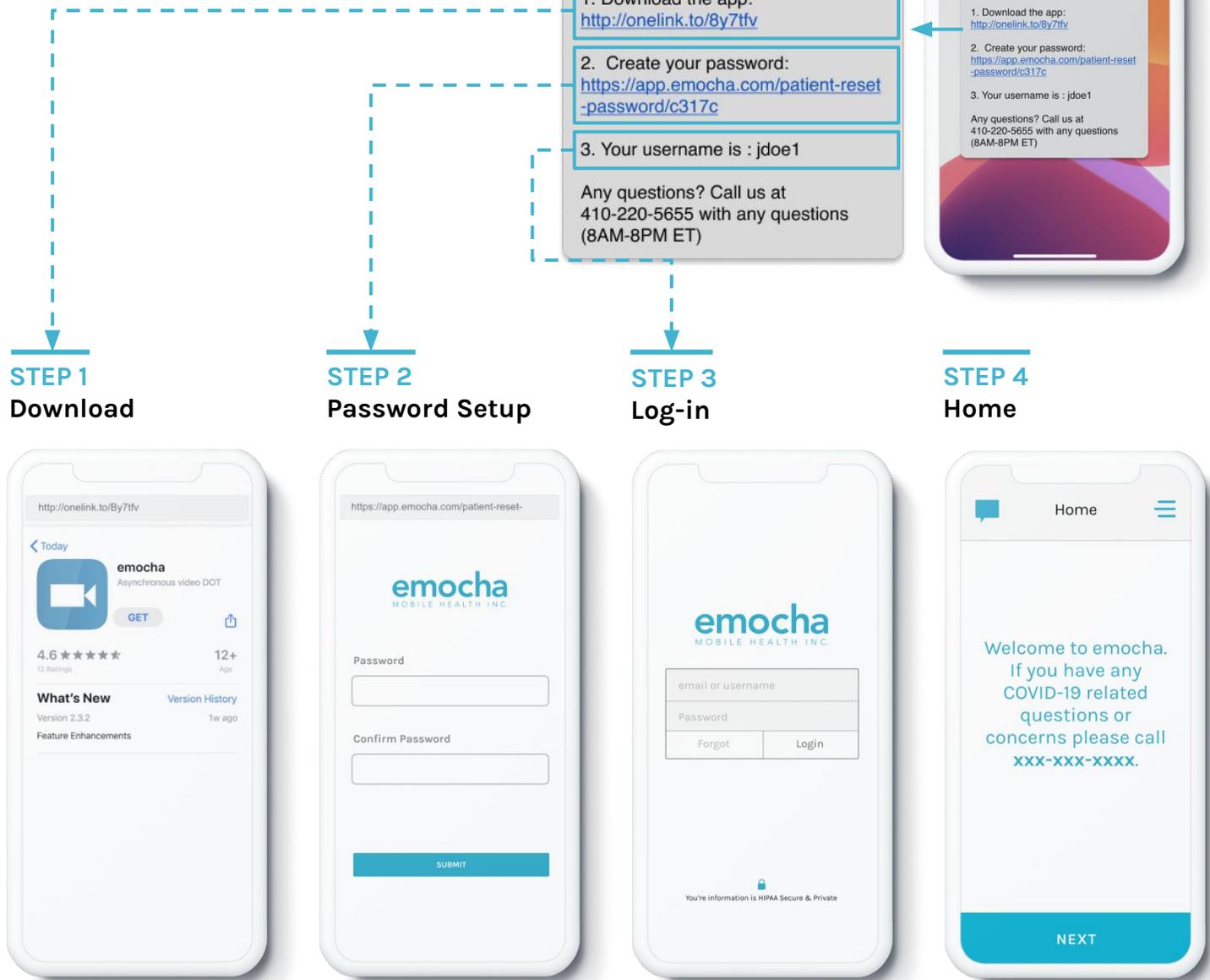


Get started with emocha

emocha will send you a text message with 2 links and your username.

Follow the instructions on the text message to:

1. Download the app
2. Set up your password
3. Log in on the emocha app



The first link will take you to the App Store to download the emocha mobile app.

The second link will take you to a password set-up page.

Once you have set up a password, open the emocha app and log in with your assigned username from the text message and newly created password.

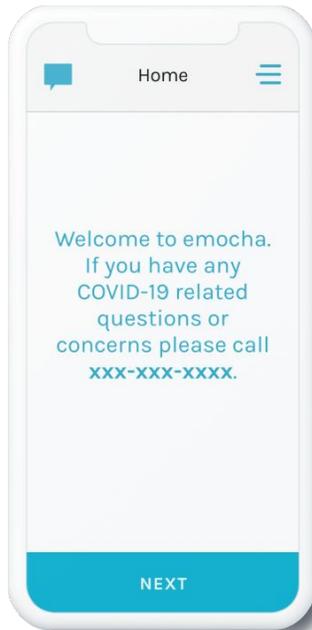
You will now be able to access the emocha mobile app and submit your check-ins.

Your Daily Video Check-in* (With symptoms)

Check-in with emocha as recommended.

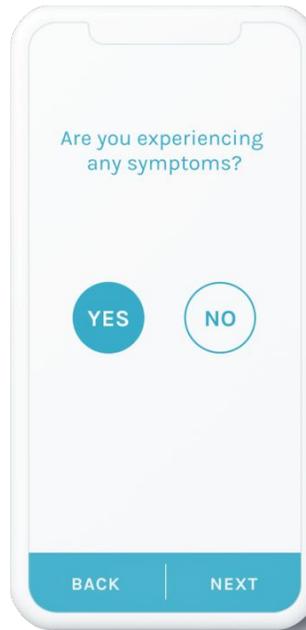
A welcome message will appear and prompt you with symptoms to call ASAP. Tap "Next" to submit your video.

01 Home

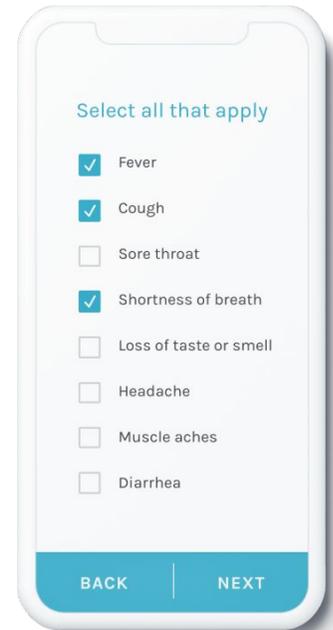


If you are ready to submit, tap "Next" to begin a submission.

02 Symptoms

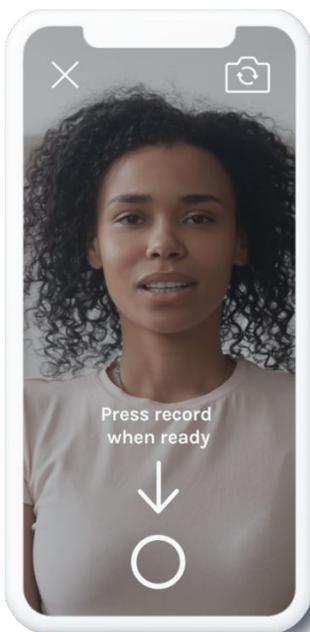


If you are experiencing any symptoms, select "Yes" and tap "Next."



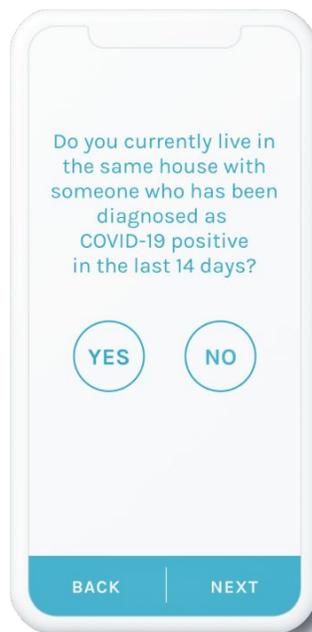
You will be asked to select which symptoms.

03 Record



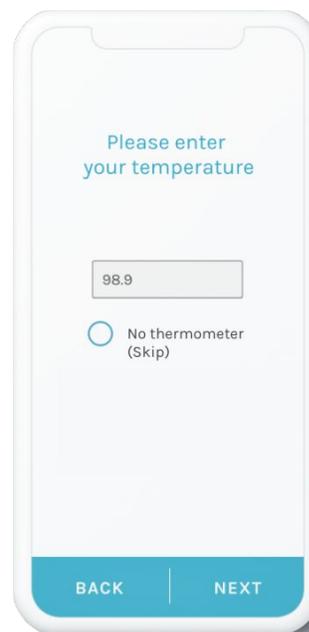
Record a short video check-in.

04 Questionnaire



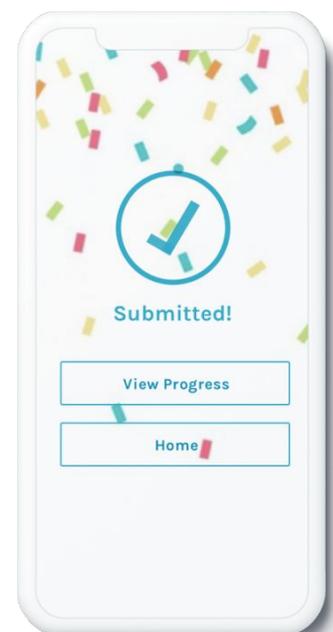
Answer the COVID-19 household-related question.

05 Temperature



Input your temperature reading if possible.

06 Complete



Tap "Home" to complete your video check-in.

*Note: protocol may differ by entity.

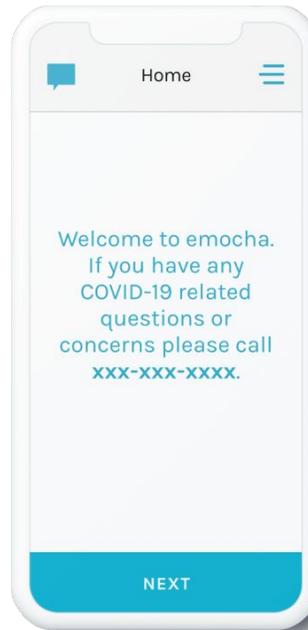
Your Daily Video Check-in* (Without symptoms)

Check-in with emocha as recommended.

Answer the symptom-related and COVID-19 household questions.

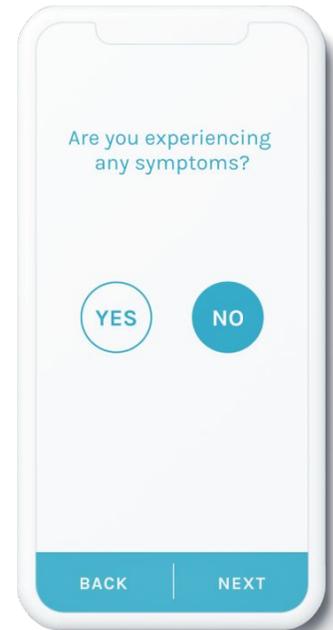
Record your temperature reading. If you do not have a thermometer, skip this screen.

01 Home



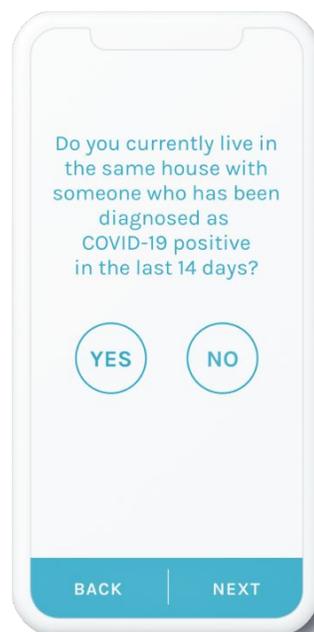
If you are ready to submit, tap "Next" to begin a submission.

02 Symptoms



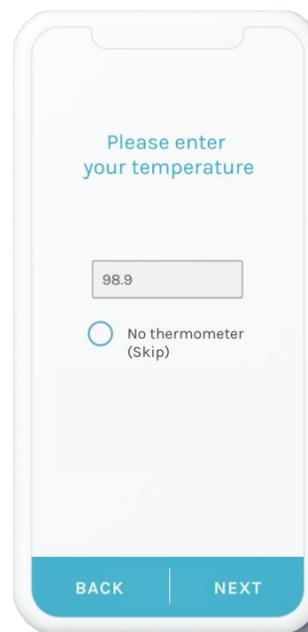
If you are experiencing any symptoms, select "No" and tap "Next".

03 Questionnaire



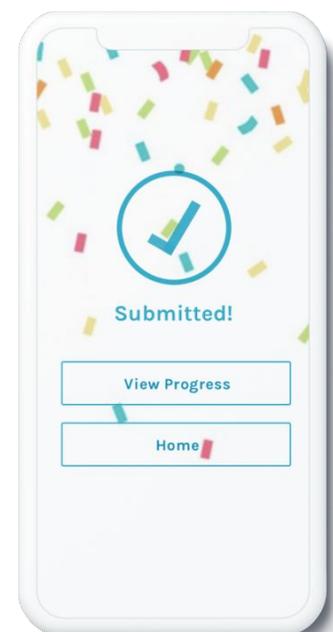
Answer the COVID-19 household-related question.

04 Temperature



Input your temperature reading if possible.

05 Complete



Tap "Home" to complete your video check-in.

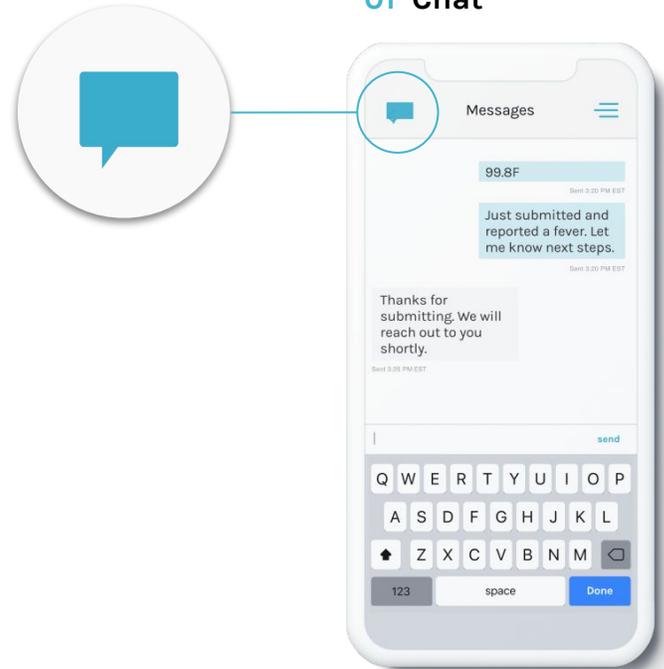
*Note: protocol may differ by entity.

Explore More Features

Keep your eyes on the “Chat” function. Your care team will communicate with you via chat. You can ask any questions or report technical issues via chat.

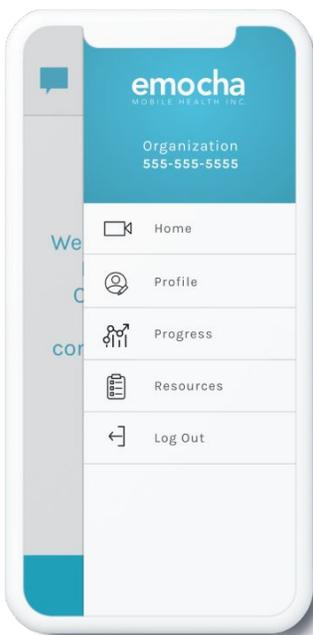
Check out “Menu” for additional tools. The “Progress” page will demonstrate how you are doing. You can customize several of these features on your “Profile” page.

01 Chat



Tap on the chat icon, located on the top-left, to communicate with your care team.

02 Menu



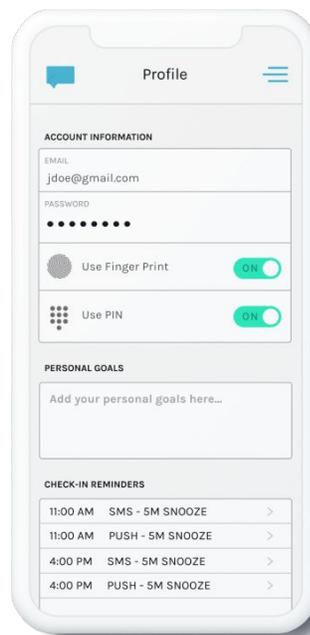
Tap on the three bars, located on the top-right, to access the main menu and explore more options.

03 Progress



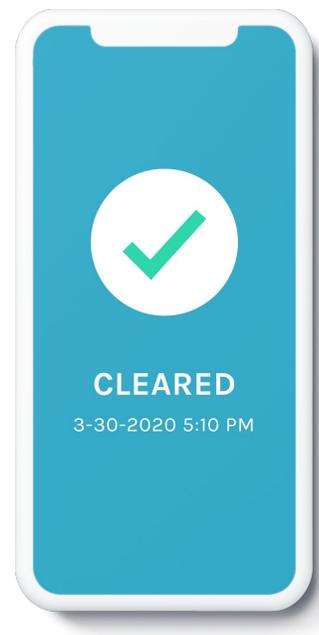
Check your progress on the “Progress” page and visualize how you are doing.

04 Profile



Set up an easy login with fingerprint or PIN ID, and set reminders for check-in intervals.

05 Digital Badge



Employees receive color-coded digital badge to clear them for work.

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