

FOR IMMEDIATE RELEASE
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National Influenza Vaccination Week, January 10-16, 2010
Today's message focuses on Young Adults (19 through 24 year olds)

The Department of Public Health and Social Services joins the nation in celebrating National Influenza Vaccination Week (NIVW). NIVW is a national observance that was established to highlight the importance of continuing influenza vaccination, as well as fostering greater use of flu vaccine after the holiday season. This year's NIVW is January 10-16, 2010.

In line with NIVW, DPHSS continues to encourage island residents to get vaccinated. DPHSS will be holding an H1N1 Mass Vaccination Point of Dispensing (POD) for island residents on Saturday, January 16 at the Yigo Gym between 9 am to 12 noon. The last person to be vaccinated will be accepted at 11:30 am.

Today's message focuses on **Young Adults (19 through 24 year olds)** and highlights the importance of flu vaccination for people 19 through 24 years of age.

- During young adulthood, you begin to assume greater responsibility for your own health and well-being. Vaccination is the best way to protect yourself against both 2009 H1N1 and seasonal flu viruses. Flu vaccine is available in your community!
 - Where can I find vaccine?
Enter your city or zip code into the Flu Vaccine Locator:
<http://www.flu.gov/news/socialmedia/index.html#flulocator>
 - You can stay informed by checking out current flu activity in your state by visiting CDC's U.S. Flu Situation Update: <http://www.cdc.gov/h1n1flu/updates/us/>.
- To date, the highest number of confirmed cases of 2009 H1N1 flu have been among young adults.

Information about the H1N1 Influenza is also available at the following websites at www.flu.gov; Government of Guam's H1N1 website at <http://flu.guam.gov>; or Guam Homeland Security/Office of Civil Defense website at www.guamhs.org. You may also call the Immunization Program at 735-7143 or the Information Line at 735-H1N1 (4161), Monday - Friday from 8 am to 5 pm.