

Agana Heights Hittahs Softball League

Mitigation Plan 2021

(Applies to all practices, games, tournaments, and other approved activities)

In accordance with Guidance Memo 2021-08: use of face masks; physical distancing; health and hygiene; health and safety of athletes, coaches, officials and spectators; and cleaning and disinfection and all its recommendations shall be applied and practiced.

The following are minimum guidelines to reduce COVID-19 transmission risks for players, staff (team and league), parents/guardians, and spectators. **The use of the term “event” applies to all practices, games, tournaments, and other approved activities.**

- **COVID-19 Coordinator:** Appoint a COVID-19 coordinator to oversee all aspects of the COVID-19 risk management plan including customization, implementation, monitoring, updates/changes, communications, staff training, regulatory compliance, documentation, and answering staff, player, parent/guardian and spectator questions about COVID-19 concerns.
- **Local COVID-19 Guidelines:** In addition to these minimum guidelines, you should follow all local guidelines as regards COVID-19 and youth sports including but not limited to start dates and limitations on crowd sizes. CDC guidelines are meant to supplement but not replace the more important local health and safety laws, rules, and regulations.
- **Waiver / Release:** An approved Minor waiver/release with COVID-19 language form should be signed by all parents/guardians and players prior to participation. An approved Adult Waiver/Release with COVID-19 language should be signed prior to participation by all team and league staff who are employees, independent contractors, or volunteers.

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- **Signage:** COVID-19 warning signage should be conspicuously posted at entry, exit, and in bathrooms warning of COVID-19 risks and what steps can be taken to reduce such risks such as social distancing, use of face coverings, frequent hand washing and/or use of hand sanitizer, and enhanced risks to those with underlying conditions and over the age of 65.
- **Duty To Disclose, Quarantine, And Return To Activity:** If a staff member or player has tested positive for COVID-19, exhibits symptoms but has not been tested, or has had **close contact** (**additional close contact considerations**), such staff member or parent/guardian on behalf of player must immediately notify the COVID-19 coordinator and must remain in quarantine until meeting state or **CDC Criteria For Discontinuing Home Isolation**. Return to activity should be cleared by the COVID-19 coordinator based on CDC guidance.
- **Spread Out Scheduling of Practice and Games:** There should be enough time between practices and games to allow one group to vacate the premises before the next group enters as well as for proper sanitation of surfaces and other equipment.
- **Stay Home When Appropriate:** Players, staff, parents/guardians, and spectators should stay home (or the motel under isolation if at a tournament) when they are showing signs of COVID-19, have a temperature, or have had close contact with a person with COVID-19.
- **If COVID Symptoms Exhibited at Event:** If a staff member, player, parent/guardian, or spectator exhibits symptoms during an event, they should immediately be separated and sent home or to a health care facility depending on the severity of the symptoms.
- **Duty To Inform, Quarantine, And Return To Activity:** Any staff member or player who has tested positive for COVID-19, exhibits symptoms but has not been tested, or has had **close**

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contact must immediately notify the COVID-19 coordinator and must remain in quarantine until meeting state or **CDC Criteria For Discontinuing Home Isolation**. Return to activity should be cleared by the COVID-19 coordinator who may require written clearance from a health care professional.

- **Notification of Third Parties:** The COVID-19 coordinator should notify local health officials, staff, and family members of players immediately of any lab confirmed case of COVID-19 for any staff member or player while complying with local and state privacy/ confidentiality laws as well as with HIPAA and the Americans With Disabilities Act.
- **Daily Screening:** If feasible conduct pre-event observation and/or questioning of all players and staff about the existence of any COVID-19 symptoms including cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, feeling feverish or a measured temperature greater than or equal to 100.4 degrees Fahrenheit, or known **close contact** with person who is lab confirmed to have COVID-19.
- **Social Distancing:** All staff, players, parents/guardians and spectators not of the same household should practice social distancing of 6 ft. whenever possible.
- **No Congregation:** Staff, players, parents/guardians, and spectators should not congregate prior to the event and should stay in cars until right before warm ups and should avoid other groups that are leaving the prior event. Team staff, players, parents/guardians, and spectators should quickly exit after the event and go directly to their cars without congregating with other teams or spectators in common areas.
- **Team Check In Process:** Team staff and players should continue social distancing during the team check in process for

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competitions. There should be a single point of contact for teams during events.

- **Pre-Game Warm Ups:** During pre-game, players and staff should maintain the 6 ft. distance if possible, during warm ups and drills and should only have close contact during actual competition.
- **Staff Face Coverings:** Staff are encouraged to wear face covering whenever within 6 ft. of another player, staff member, or parent.
- **Player Face Coverings:** Players are encouraged to wear face coverings in close contact areas and situations where applicable. Players should be allowed to wear face coverings in competition should they choose to do so and long as they don't compromise their safety.
- **Parent / Spectator Face Coverings:** Parents and spectators are encouraged to wear face coverings whenever they are at the facility and within 6 ft. of a person not of the same household.
- **Personal Hygiene:** Staff, players, parents/guardians, and spectators should practice proper hygiene, wash hands frequently with soap and water for at least 20 seconds, use hand sanitizer (at least 60% alcohol), abstain from touching their face (mouth, nose or eyes), refrain from spitting, and cover their cough or sneeze with a tissue and throw tissue in the trash. In addition, as a backup, players and staff should carry their own hand sanitizer.
- **Player Equipment:** Player provided equipment should be kept in a bag and should be spaced to encourage social distancing. Players should bring their own disinfectant wipes to wipe down their own equipment between use.
- **Shared Equipment:** The use of team provided equipment should be limited to the greatest extent possible and should be disinfected between each use if possible. Balls should be

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disinfected whenever possible and an adequate supply should be kept on hand.

- **Water Bottles:** No team or dugout coolers should be provided. Parents/guardians should provide separate marked water bottles or sports drink for their child.
- **No Contact: No Handshake Policy:** A strict no contact policy will be observed for customary game-related activities such as pre-game coaches' handshakes, umpire-coach-player introductions, and post-game handshakes between members of opposing teams. Instead, officials, players, and coaches should use verbal queues such as saying "good game", without shaking hands, high-fiving, or fist-bumping.
- **Facility Modification:** Facility entrances and exits should be set up at separate locations whenever possible. Discontinue the use of physical posting of brackets, rules, etc. and instead post online.
- **Facility Washing / Hand Sanitizer Stations:** The facility owner/operator and/or sports organization should provide hand washing and/or hand sanitizer stations throughout the facility and near dugouts.
- **Facility Sanitation:** The facility owner/operator and/or sports organization should regularly clean and sanitize all common areas including dugouts, other seating, water fountains, bathrooms, concession stands and similar areas between games and activities. The facility owner/operator and/or sports organization should also provide cleaning supplies and hand sanitizer near all dugouts or other player seating areas. See [CDC guidance on cleaning and disinfecting your facility](#) including what cleaning products to use and steps for safe disinfectant use.
- **Concessions:** Concession staff should wear gloves and face coverings; practice social distancing whenever possible with coworkers; frequently wash hands with soap and water for at

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least 20 seconds and after all potential contamination events; may use hand sanitizer (60% alcohol) but not as a substitute for hand washing; frequently sanitize all surfaces; mark off 6 ft. spacing for patron lines; and minimize handling of cash, credit cards, and mobile devices whenever possible.

- **Before the Event:** Team staff should wipe down and sanitize all dugout and other sideline seating areas including railings and equipment racks.
- **After the Event:** After the completion of the event, the team staff should remove and dispose of all trash.
- **Shower / Wash Clothes:** After every event, players and staff should take a shower and wash all clothes.
- **Awards:** All team or player awards will be presented wrapped up and given to the team manager, or his/her designee. There will not be any presentation on the field

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FDMSAA SOFTBALL – SAFETY OPERATING PLAN

1. ENTRANCE CHECK-IN PROCESS

- a. **TEMPERATURE CHECKS** - Digital thermometer gun to take all potential entrants temperature. Individuals registering a temperature reading of above **100°F or 37.8°C** will be denied entry.
- b. **SANITIZATION** – all entrants must sanitize hands with FDMSAA provided hand sanitizer prior to entry.
- c. **MASKS** – all entrants will be required to wear masks to enter the facility. The facility will provide complimentary medical grade, disposal masks when applicable.
- d. **SIGN IN** – all entrants will be required to sign in for potential contact tracing. Information to be gathered shall be:
 - i. Full legal name
 - ii. Mobile phone number OR email address
- e. **MAXIMUM ENTRANTS** – only 50 people will be allowed inside the confines of Guerrero Field at any one time. The FDMSAA will have a “guard” at a single point entrance to track the numbers as people enter / exit.

2. FACILITY MITIGATIONS

- a. **BLEACHERS** – only the 1st 4 levels of bleachers will be utilized. Upon completion of the final game, all bleachers will be mopped down with a 60% ethanol, or 70% isopropanol solution
- b. **SPECTATORS** – Spectators are defined as an individual(s) who arrives at the facility with no intent to participate in game play. No spectators will be allowed entry into the facility.
- c. **WATER DISPENSER** – no water or other beverages will be distributed or available at the facility. Players are required to provide their own beverages.
- d. **TRASH** – all trash will be taken out at the end of each day, or when game play is complete.
- e. **DUGOUTS** – Dugouts will be sanitized upon completion of each game with a 60% ethanol, or 70% isopropanol solution. No team will enter until sanitization is complete.

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3. GAME PLAY

- a. MASKS – must be worn at all times, but may be taken off while playing, if needed for comfortable breathing or other health precautions.
- b. PHYSICAL CONTACT - Physical interaction will be kept to a minimum (no high 5s, hand shaking, fist bumps, hugging, etc.)
 - i. **No tagging or sliding**
 - ii. **Every base is a force out**
- c. HAND WASHING – upon completion of game play, every participant must wash hands immediately, or use hand sanitizers with a minimum 60% ethanol, or 70% isopropanol
- d. EXIT AFTER GAME PLAY – upon completion of each game, every player must leave the playing area and exit the facility to “catch their breath”. All players must remain outside

1

References

COVID-19 Guidelines For Amateur Youth Sports Teams / Leagues.
www.sadlersports.com/sample-covid-19-guidelines-for-amateur-youth-sports-teams-leagues/.

<https://www.sadlersports.com/sample-covid-19-guidelines-for-amateur-youth-sports-teams-leagues/>

Copy of following used as guidance:

DPHSS Guidance Memorandum 2021-08

Governor's Executive Order 2021-04

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