to be provided, services cannot be denied for this reason expand programs, however, is not required for services

voluntary contributions are encouraged to maintain and service fees, nor residency and citizenship requirements ocal matched and local funds. There are no hidden Citizens under the Older Americans Act, using federal.

receive services through direct services and contracted

Vny person, 60 years of age or older, is eligible to

service providers and vendors of the Division of Senior



Older Americans Act of 1965

Older Americans Act of 1965 to administer social services programs pursuant to the In 1965, the Office of Aging was established on Guam

& Social Services. created by Public Law 14-139 Guam Code annotated and established within the Department of Public Health



155 Hesler Place Hagatna, Guam 96910 entizens age 60 years and older), while safeguarding

resources towards promoting, maintaining and and services, and to identify and leverage all possible plan, coordinate, implement, and crafuate programs

their dignity, integrity, independence, values and

For further information please call the Division of Senior Citizens at 735-7415/7421 www.dphss.guam.gov • Biba.SeniorCitizens@dphss.guam.gov



If you are a senior or someone caring for one, these programs may benefit you...

CASE MANAGEMENT SERVICES (CMS)

CMS is the entry point in the coordination of services for seniors, age 60 and older. CMS staff will work with the older individual, their family or caregiver, to develop a care plan reflective of the concerns of the older individual. Further, CMS determines eligibility and authorizes Adult Day Care Services, In-Home Services, and the Elderly Nutrition Program, Home-Delivered Meals.

ADULT DAY CARE (ADC)

ADC provides services to older individuals determined to be functionally impaired or at-risk of institutionalization. Participants receive supervised personal care, recreational activities, meals and medication assistance, to name a few.

ELDERLY NUTRITION PROGRAM

Participants of the Senior Center Operations and ADC programs, and eligible seniors, determined by CMS program, who are homebound due to physical and/or mental impairment are provided with a hot nutritious meal that meets 33 and 1/3 of the Recommended Dietary Allowance for adults. Congregate meals are provided at Senior Citizens and Adult Day Care Centers while Home-Delivered meals are delivered to the senior's home.

IN-HOME SERVICES (IHS)

IHS assist frail homebound older individuals with light housekeeping, personal care and chore services.

SENIOR CENTER OPERATIONS (SCO)

SCO is designed to maintain or improve the well-being of older individuals through the provision of services including but not limited to, physical, social, psychological, economic, educational, and recreational activities at designated Senior Citizens Centers.

PREVENTIVE HEALTH

Preventive Health provides evidence-based nutrition and physical activity programs that aims to engage positive change.

TRANSPORTATION SERVICES PROGRAM

The Transportation Services Program facilitates access to supportive and nutrition services through the provision of fixed or non-fixed service routes. It is recommended service request be scheduled a week in advance.

NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (NFCSP)

The NFCSP assists caregivers maintain their caregiving roles by providing respite, individual counseling, participation in support groups, training in managing the care of their loved one, information and assistance to resources in the community and supplemental services.

LEGAL ASSISTANCE SERVICES (LAS)

The LAS program aims to safeguard the interests, rights, finances and protect the health, safety and welfare of older individuals in greatest social or economic need. Filing fees may apply and the program does not manage fee generating cases.

ADULT PROTECTIVE SERVICES (APS)

The Bureau of APS conducts investigations of abuse against older individuals age 60 and older and adults with a disability, age 18-59 and provides advocacy, outreach, education and protection to address the abuse, neglect or exploitation of APS victims.

GUMA SERENIDAD

Guam Serenidad provides temporary shelter services for victims of adult/elder abuse in

imminent danger and operates a 24-7 Crisis Intervention Hotline to receive and respond to referrals of abuse against an elder or adult with a disability on evenings, weekends and holidays.

OMBUDSMAN SERVICES

The Ombudsman acts as a liaison between residents and the staff and management of long-term care facilities. The Ombudsman visits facility residents (seniors) to enhance the quality of their lives by hearing and resolving concerns, advocating for their rights, and protecting their health, safety and welfare.

AGING DISABILITY RESOURCE CENTER (ADRC)

The Guam ADRC is a web-based, database and information system for improving access to care for older adults, individuals with disabilities, and family caregivers while integrating community based Long-Term Services and Supports (LTSS).

STATE HEALTH INSURANCE ASSISTANCE PROGRAM - GUAM MAP

The mission is to empower, educate, and assist Medicare-eligible individuals, their families, and caregivers through objective outreach, counseling and training, to make informed health insurance decisions that optimize access to care and benefits

SENIOR MEDICARE PATROL PROJECT (SMP)

The SMP mission is to empower and assist Medicare beneficiaries, their families, and caregivers, to prevent, detect, and report suspected healthcare fraud, errors, and abuse through outreach, counseling, and education.