SENIOR CITIZENS AGING SERVICES INTAKE, PROFILE AND REFERRAL (IPR) FORM

INSTRUCTIONS

Title III reporting requirements provide statistical data for management and advocacy initiatives serving as indicators for new and continued funding of programs for seniors. The data collected is used for budget justifications, congressional inquiries, program development and mandated reports for federal, state and local agencies. Information must be accurate for it to be useful in supporting program services.

- ◆ FORM: This form is an Intake, Profile and Referral (IPR) Form, and not an assessment form. Profile characteristics are used in developing new programs to meet the needs of the elderly. Each Service Provider may have their own assessment form for their specific programs.
- ◆ DATA RETENTION: Client data is inputted and retained in a main registry.
- ◆ INCOME LEVEL: The Income Level is based on the U.S. Department of Health and Human Services Poverty Guidelines and shall be completed before the Intake, Profile and Referral Form is processed.
- PRIORITIZATION OF SERVICES: Based on the need to activate Prioritization of Services, the number of persons to be served will be determined by the existing conditions of clients enrolled in a program and those on a wait list at the time of implementation. Information on mobility, support system, housing condition, activities of daily living, health status and financial assets is collected should prioritization of services be necessary.
- REFUSAL TO ANSWER: Should a client refuse to answer a certain question, leave it blank. In the comments section, list the reason for not answering the question. This does not apply to Income Level.
- ◆ SIGNATURE: The signature of the client or responsible party is required before services can be provided.
- ◆ SPECIAL ACCOMMODATIONS: Clients requiring special accommodations shall inform the program in advance of their requirements.

PROGRAM SPECIFIC INFORMATION:

- Management Services. Case
 Management Services Program provides a
 systematic process of assessment and
 reassessment, planning, service and care
 coordination, referral, and monitoring. The Case
 Management Services Program serves as a key
 entry point for aging services, determines
 eligibility and authorizes services for individuals
 requesting Adult Day Care Services, In-Home
 Services and Home-Delivered Meals. Entry into
 these programs shall not be permitted before an
 assessment is made and eligibility established by
 Case Management Services.
- Transportation Services. In order to meet demands, clients requesting transportation shall make reservations with the Transportation Services Program in advance for service. If the date requested cannot be accommodated, the Transportation Services Program shall recommend an alternate date. Requests for persons using wheelchairs or having a Personal Assistant/Personal Care Attendant shall be made in the same manner, whether for Center participation or to and from medical appointments, etc.
- Elderly Nutrition Program. To the extent practicable, meals are prepared to meet special dietary needs of eligible participants, and shall be supported by a statement from the client's doctor or religious leader stating the necessity for special meals. Mechanical (chopped) or pureed (blenderized) meals are not classified as special meals and shall be provided to the client at their request.

FOR ADULT PROTECTIVE SERVICES (APS)
REFERRALS, CALL (671) 735-7421 / 7415
Monday – Friday, 8 a.m. to 5 p.m.
(Except on Recognized Holidays)
OR
24-HOUR APS
CRISIS INTERVENTION HOTLINE
at (671) 632-8853

TWENTY-FOUR HOURS A DAY
SEVEN DAYS A WEEK.

Email: APSGuam@dphss.guam.gov

A. CLIENT IDENTIFI	CATION	
Last Name		
First Name		
Middle Name		
Nickname		
Email Address		
Homeless	□ Yes □ No	
Receives Care from NFCSP Caregiver	□ Yes □ No	
Requires Assistance in an Emergency	☐ Yes (Specify)	□ No
Home Address		
Mailing Address		
Phone (1)		
Phone (2)		
B. CLIENT CONTAC	тѕ	
Primary Emergency Contact		
Relationship		
Address		
Phone		
Email		
Physician Contact		
Physician Type		
Address		
Phone		

Email			
Primary Caregiver			
Relationship			
Address			
Phone			
Email			
Personal Contact			
Relationship			
Address			
Phone			
Email			
C. CLIENT DEMOGR	APHICS		
Date of Birth	A	Age	
Gender	□ Male		Female
Transgender	☐ Male ☐ Female		Female
Disabled	☐ Yes (Specify Type) ☐ No		□ No
Disability	□ Permanent□ Temporary□ Not Applicable (N/A)		۹)
Physical Disability	(Specify)		□ N/A
Intellectual Disability	(Specify)		□ N/A
Mental Illness	(Specify)		□ N/A
Cerebral Palsy	(Specify)		□ N/A
If < 60 Reason for Service	☐ Caregiver ☐ Other: ☐ Disabled ☐ Spouse Volunteer ☐ N/A		ouse
Citizenship (Specify)			

Race (Specify)	 □ White □ Black/African American □ American Indian/Alaskan Native □ Asian □ Native Hawaiian/Other Pacific Islander □ Other □ Multiple
Ethnicity	(Specify)
Primary Language	(Specify)
English Fluency	□ Needs Translation□ Limited□ Fluent
Literacy	☐ In English☐ In Primary Language☐ In Both☐ Illiterate
Relationship Status	 □ Married □ Divorced □ Separated □ Single (Never Been Married) □ Widowed □ Domestic Partner
Employment Status	☐ Full-Time ☐ Part-Time ☐ Retired ☐ Un-Employed ☐ Volunteer ☐ Disabled
Veteran Status	□ Veteran □ Spouse □ Child □ No
Urban/Rural	□ Rural

Housing Type	 House/Own House/Rent Apartment/Duplex Residential Care Facility Nursing Facility Other None
Lives With	□ Alone□ Family□ Spouse□ Non-Relative□ Other
Referral Source	□ Self □ Family/Friend □ Agency: □ Other:
Sources of Support	 □ Family □ Friend/Neighbor □ Paid Help □ Has help but unsure who provides help □ Unknown
Assisted Transportation	□ Yes □ No
Needs an Escort	☐ Yes ☐ No
Primary Transportation	 □ Owns Car □ Aide □ Friend □ Public Transport □ Senior Transport □ Family □ Other □ None

Income Level						
Is your income	lee th	an				
	Per Month		Per Year	Yes	No	
	\$1,567.50		\$18,810.00	103	140	
			,	l	<u> </u>	
Is your combin						
	Per Month		Per Year	Yes	No	
Two (2)	\$2,128.33		\$25,540.00			
Is your combir	ned inco	me	less than			
Unit Size	Per Month	1	Per Year	Yes	No	
Three (3)	\$2,689.17	•	\$32,270.00			
Is your combir	ned inco	me	less than			
	Per Month		Per Year	Yes	No	
Four (4)	\$3,250.00	1	\$39,000.00			
	. ,		•			
Is your combin	ned inco	me	less than			
Unit Size	Per Month)	Per Year	Yes	No	
Five (5)	\$3,810.83		\$45,730.00			
Is your combin						
	Per Month		Per Year	Yes	No	
Six (6)	\$4,371.66	ì	\$52,460.00			
Is your combir	ned inco	me	less than			
	Per Month		Per Year	Yes	No	
	\$4,932.50		\$59,190.00			
Is your combir						
				Yes	No	
Unit Size	Per Month)	Per Year	Yes	No	
Unit Size Eight (8)	Per Month \$5,493.33	1	Per Year \$65,920.00			
Unit Size Eight (8) ☐ For familie	Per Month \$5,493.33 s/house	hole	Per Year \$65,920.00 ds with more	than	8	
Unit Size Eight (8) ☐ For familie	Per Month \$5,493.33 s/house	hole	Per Year \$65,920.00	than	8	ber.
Unit Size Eight (8) ☐ For familie persons, a	Per Month \$5,493.33 s/house	hole	Per Year \$65,920.00 ds with more	than	8	ber.
Unit Size Eight (8) ☐ For familie	Per Month \$5,493.33 s/house	hole	Per Year \$65,920.00 ds with more	than	8	ber.
Unit Size Eight (8) ☐ For familie persons, a	Per Month \$5,493.33 s/house	hole	Per Year \$65,920.00 ds with more	than	8	ber.
Unit Size Eight (8) For familie persons, a	Per Month \$5,493.33 s/house dd \$6,73	hole	Per Year \$65,920.00 ds with more or each add	than itional	8 I mem	ber.
Unit Size Eight (8) ☐ For familie persons, a	Per Month \$5,493.33 s/house dd \$6,73	hold 30 f	Per Year \$65,920.00 ds with more or each add Above 10	than itional	8 I mem	
Unit Size Eight (8) For familie persons, a	Per Month \$5,493.33 s/house dd \$6,73	hold 30 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo	e than itional 0% FF w 100	8 I mem PL 0% FP	 L
Unit Size Eight (8) For familie persons, a	Per Month \$5,493.33 s/house dd \$6,73	hold 30 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo	e than itional 0% FF w 100	8 I mem	 L
Unit Size Eight (8) For familie persons, a	Per Month \$5,493.33 s/house dd \$6,73	hold 30 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le	than itional 0% FF w 100 9% be vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a	Per Month \$5,493.33 s/house dd \$6,73 nation	hold 30 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo	than itional 0% FF w 100 9% be vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial	Per Month \$5,493.33 s/house dd \$6,73 nation	hold hold	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74	than itional 0% FF w 100 9% be vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a	Per Month \$5,493.33 s/house dd \$6,73 nation	hold	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le	ow FF w 100 w be vel w be	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial	Per Month \$5,493.33 s/house dd \$6,73 nation	hold hold	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr	e than itional 0% FF w 100 9% be vel evel eater	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial	Per Month \$5,493.33 s/house dd \$6,73 nation	hold hold	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le	e than itional 0% FF w 100 9% be vel evel eater	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial	Per Month \$5,493.33 s/house dd \$6,73 nation	hold	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr	e than itional 0% FF w 100 9% be vel evel eater	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial	Per Month \$5,493.33 s/house dd \$6,73 nation	hold hold	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le N/A	e than itional 0% FF w 100 9% be vel evel eater	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial (Refer to FAS)	Per Month \$5,493.33 s/house dd \$6,73 nation	hold 330 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le N/A None	e than itional 0% FF w 100 9% be vel .% be vel eater vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial (Refer to FAS)	Per Month \$5,493.33 s/house dd \$6,73 nation Assets S Scale)	holds 6	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le N/A None Retiremer	than itional 0% FF w 100 0% be vel wel eater vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial (Refer to FAS)	Per Month \$5,493.33 s/house dd \$6,73 nation	hold 330 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le N/A None Retiremer Disability	e than itional 0% FF w 100 0% be vel eater vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial (Refer to FAS)	Per Month \$5,493.33 s/house dd \$6,73 nation Assets S Scale)	holds 6	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le N/A None Retiremer	e than itional 0% FF w 100 0% be vel eater vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a Income Inform Financial (Refer to FAS) Receives	Per Month \$5,493.33 s/house dd \$6,73 nation Assets S Scale)	hold 30 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le N/A None Retiremer Disability Depender	e than itional 0% FF w 100 0% be vel eater vel	8 I mem	 L e
Unit Size Eight (8) For familie persons, a s Income Inform Financial (Refer to FAS) Receives	Per Month \$5,493.33 s/house dd \$6,73 nation Assets S Scale)	hold 330 f	Per Year \$65,920.00 ds with more or each add Above 100 At or Belo 29% to 49 poverty le 50% to 74 poverty le 75% or gr poverty le N/A None Retiremer Disability	e than itional 0% FF w 100 0% be vel eater vel	8 I mem	 L e

Health Insurance	(Specify)
Medicare	□ Part A □ Part B Claim No □ None □ Part D Claim No □ None □ Medicare Supplemental Claim No □ None
Medicaid	□ Yes Claim No □ No
Guardian/ Conservator	□ None□ Voluntary□ Involuntary
Person/ Organization Holding Guardianship/ Conservatorship	
Guardian Conservator Type	□ Estate□ Person□ Both□ Dementia Power□ Medical Authority
Durable Power of Attorney	☐ Unknown☐ Limited☐ Health☐ Both☐ None

Supplemental Nutrition Assistance Program (SNAP)	□ Yes □ No	Assistive Devices (Specify)	
D. CLIENT FUNCTIO	NAL ASSESSMENT	Mobility Devices (Specify)	
Indicate the inability to following six activities	ties of Daily Living (ADL): perform one or more of the of daily living without personal assistance, supervision or	Living (IADL): Indicated or more of the following	imental Activities of Daily ite the inability to perform one ng eight instrumental activities personal assistance, stand-by on or cues:
Transfer Mobility	□ Unknown□ Independent□ Supervision□ Assistance□ Dependent	Preparing Meals	☐ Unknown☐ Independent☐ Supervision☐ Assistance☐ Dependent
Bathing	 □ Unknown □ Independent □ Supervision □ Assistance □ Dependent 	Shopping for Personal Items	☐ Unknown☐ Independent☐ Supervision☐ Assistance☐ Dependent
Dressing	 □ Unknown □ Independent □ Supervision □ Assistance □ Dependent 	Medication Management	☐ Unknown☐ Independent☐ Supervision☐ Assistance☐ Dependent
Toileting	□ Unknown□ Independent□ Supervision□ Assistance□ Dependent	Managing Money	☐ Unknown☐ Independent☐ Supervision☐ Assistance☐ Dependent
Eating	□ Unknown□ Independent□ Supervision□ Assistance□ Dependent	Using Telephone	☐ Unknown☐ Independent☐ Supervision☐ Assistance☐ Dependent
Ambulating (i.e. Walking)	□ Unknown□ Independent□ Supervision□ Assistance□ Dependent	Doing Heavy Housework	 □ Unknown □ Independent □ Supervision □ Assistance □ Dependent

Doing Light Housework	 □ Unknown □ Independent □ Supervision □ Assistance □ Dependent 	Support System □ Unknown □ Support is Available □ Minimum Support □ No Support
Transportation Ability (Refers to the individual's ability to Dependent Unknown Independent Supervision		Housing □ Unknown □ Full Concrete □ Semi Concrete □ Tin and Wood
make use of available transportation without assistance)	☐ Assistance☐ Dependent	Homebound ☐ Unknown ☐ Yes ☐ No
Commu	nication Skills Status	□ Unknown
D time	☐ Unknown☐ Good	Bedridden ☐ Yes ☐ No
Receptive	□ Fair □ Poor	E. AGING SERVICES REQUESTED
	□ Does Not Understand	□ Adult Day Care (ADC) Services
Expressive	 □ Unknown □ Good □ Fair □ Poor □ Cannot Be Understood 	(Specify Center) Elderly Nutrition Program (ENP): Congregate Meals (Center/Day Care) Home-Delivered Meals (Homebound)
	Sensory Skills	<i>Meal Type:</i> □ Regular
Vision	 □ Unknown □ Good □ Limited □ Legally Blind □ Blind 	 Mechanical Chopped Pureed/Blenderized Special (Provide document from physician or religious leader to certify special meal requirement)
	☐ Glasses ☐ Other	□ Case Management Services (CMS)□ In-Home Services (IHS)
	☐ Good ☐ Limited ☐ Deaf	□ Legal Assistance Services (LAS) (Specify)
Hearing	☐ Unknown☐ Hearing Aid☐ Other	Expedite for ADC Admission National Family Caregiver Support Program (NFCSP)
		□ Senior Center Operations (SCO)

(Specify Center) ☐ Has an individual with disability 18 and older who lives with the older individual ☐ Transportation Services (TSP) ☐ Walks with no assistance (Non-Assisted) ☐ Walks with assistance (Assisted)	 Persons who are frail, homebound by reason of illness or incapacitating disability, or otherwise isolated; and Persons with greatest economic need and older individuals with greatest social needs (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English
Field Trips Food Commodity (Center) Food Commodity (Non-Center) COMMENTS:	 proficiency, and older individuals residing in rural areas); and Older individuals with disabilities (with particular attention to individuals with severe disabilities). Voluntary contributions to Title III programs are encouraged and used to expand services. Services
F. HIGH RISK CLIENTS UNDER EMERGENCY DECLARATION	may not be denied because the client will not or cannot contribute to the cost of the program. I CERTIFY THE INFORMATION GIVEN BY ME IS TRUE TO THE BEST OF MY KNOWLEDGE, AND I UNDERSTAND IT WILL BE KEPT CONFIDENTIAL AND USED ONLY TO HELP ME RECEIVE THE
A client is considered High Risk under Emergency Declaration if any of the following exists. This information shall be provided to the client's village mayor in preparation for emergencies. <i>Check all that apply.</i>	I HEREBY AUTHORIZE THE DISCLOSURE AND RELEASE OF THIS INFORMATION ONLY FOR THE PURPOSES FOR WHICH IT IS INTENDED. THIS AUTHORIZATION MAY BE REVOKED BY THE UNDERSIGNED AT ANY TIME BY GIVING WRITTEN NOTICE TO THE PARTIES AUTHORIZED HEREIN.
 Bedridden. Requires transportation and/or escort assistance for evacuation to shelter, e.g., those living alone. Requires refrigeration of medication and/or is insulin dependent. 	Signature of Client or Authorized Representative
□ Requires oxygen.□ Lives in substandard housing.	Date
Lives in a low-lying area.Lives alone.Not Applicable.	Relationship to Client, if Authorized Representative
	H. INTAKE INFORMATION
G. ELIGIBILITY AND CONSENT OF CLIENT Individuals age sixty (60) years and older are eligible	Intake Worker
for Title III programs under the Older Americans Act. This Act also prioritizes services for:	Signature of Intake Worker

Date/Time of Intake			
Organization			
Phone Number			
IPR Forwarded To			
□ Case Management	Services Program		
□ Adult Day	/ Care Services Program		
(Specify Ce	nter)		
□ Elderly N	Services Program utrition Program elivered Meals)		
□ Elderly Nutrition Pro	ogram (Congregate Meals)		
□ Legal Assistance S	ervices Program		
□ Senior Center Oper	ations Program		
(Specify Center)			
□ Transportation Serv	rices Program		
□ National Family Car	egiver Support Program		
Forwarded By			
Date Forwarded			
Time Forwarded			
I. RECEIVING ORGANIZATION INFORMATION			
IPR Received By			
Date			
Time			
Date of Initial Contact with Client			

Time of Initial Contact with Client	
Time of Intake	
Organization	
Phone Number	

Healthy Eating for Older Adults

1. Make eating a social event.

Enjoy meals with friends or family members as often as possible. Take advantage of technology to enjoy meals virtually with loved ones in different cities or States.

2. Drink plenty of liquids.

You may not always feel thirsty when your body needs fluids, and that's why it's important to drink beverages through the day. Enjoy coffee and tea if you like, or some water, milk, or 100% juice.

3. Add a touch of spice.

Limiting salt is important as you get older. Fresh and dried herbs and spices, such as basil, oregano, and parsley, add flavor without the salt.

4. Make the most of your food choices.

Older adults need plenty of nutrients but fewer calories, so it's important to make every bite count. Foods that are full of vitamins and minerals are the best way to get what you need.

5. Be mindful of your nutrient needs.

You may not be getting enough nutrients such as calcium, vitamin D, potassium, dietary fiber, vitamin B12, and also protein. Read the Nutrition Facts label on packaged foods and also speak with your healthcare provider about possible supplements.

6. Keep food safe.

Discard food if it has an "off" odor, flavor, or texture. Refer to the "use by" dates for a guide to freshness. Canned or frozen foods store well if shopping trips are difficult.

https://www.myplate.gov/tip-sheet/healthy-eatingolder-adults

J. CLIENT'S HOME		
IF MAP IS SENT SEPARATELY, INCLUDE THE CLIENT'S NAME AND S	SN AT TOP OF M	AP
Does the home have an accessible driveway?	□ Yes	□ No
If you use a wheelchair, is there an accessible ramp?	□ Yes	□ No
MAP TO THE CLIENT'S HOME In the box below, draw a map to the client's residence marking the client's house number, street name and the village where the client is from. Include roads, type and color of the house, if fenced, landmarks such as adjacent to community center, store, bus stop, etc. All pets at your home shall be conaccordance with P.L. 22-13 and 26-76.	e primary and seconor or across from the	ndary access e village
	w-	N S

Financial Assets Scale (FAS)
(U.S. Department of Health and Human Services Poverty Guidelines for 2024)

Refer to Page 3 on IPR

Unit Size One (1)	Per Month \$1,567.50	Per Year \$18,810.00	
29% to 49% below the poverty level 50% to 74% below the poverty	Earning between \$1,112.93 and \$799.43 Earning between \$783.75 and \$407.55	Earning between \$13,355.10 and \$9,593.10 Earning between \$9,405 and \$4,890.60	
level 75% or greater below the poverty level	Earning below \$391.88	Earning below \$4,702.50	

Unit Size Two (2)	Per Month \$2,128.33	Per Year \$25,540.00
29% to 49% below the poverty level 50% to 74% below the poverty level 75% or greater below the poverty level	Earning between \$1,511.12 and \$1,085.45 Earning between \$1,064.17 and \$533.37 Earning below \$532.08	Earning between \$18,133.40 and \$13,025.40 Earning between \$12,770.00 and \$6,640.40 Earning below \$6,385.00

Unit Size Three (3)	Per Month \$2,689.17	Per Year \$32,270.00		
29% to 49% below the poverty level 50% to 74% below the poverty level 75% or greater below the poverty level	Earning between \$1,909.31 and \$1,371.48 Earning between \$1,344.58 and \$699.18 Earning below \$672.29	Earning between \$22,911.70 and \$16,457.70 Earning between \$16,135.00 and \$8,390.20 Earning below \$8,067.50		

Eight (8) or more in Family Ur	nit Size, add \$560.83 pe	er month or \$6,730 per year	for each additional house	ehold member